



University
of Victoria

CARSA: Creating Opportunities for All

ASPIRATION



REALITY



Break down the barriers

- ▶ REVIEW YOUR PROGRAMS, MARKETING & EQUIPMENT
- ▶ BE AWARE OF FACILITY LAYOUT
- ▶ CREATE A WELCOMING ENVIRONMENT
- ▶ BUILD DISABILITY INTO YOUR CULTURAL AWARENESS



Creating Partnerships at CARSA

- ▶ CanAssist & Vikes partnership
- ▶ Victoria Wheelchair Sport Club
- ▶ PISE
- ▶ Recreation Integration Victoria

Supporting CARSA

- ▶ Ongoing training
 - ▶ 7 trainings since April
- ▶ Language in promotional material
 - ▶ Vikes program guide
- ▶ Program development
 - ▶ Drop In Wheelchair Tennis & Basketball
 - ▶ Just for Kicks
 - ▶ Adapted Strength & Conditioning
 - ▶ Integrated spin classes
- ▶ Training camps & hosting
 - ▶ Wheelchair Rugby

OneAbility

- ▶ Collective Impact approach
- ▶ Partners from across Victoria
- ▶ Stewardship group + 6 Sub-groups
- ▶ Collaborate on programming and opportunities across the region
- ▶ Meeting since last spring
- ▶ Hosted ParaSport Development week in November